

création **I S A B E L L E**

Baby Safety Measures

Safe Sleeping Guidelines:

For infants under 12 months of age, follow these practices to reduce the risk of SIDS (Sudden Infant Death Syndrome) and prevent suffocation:

- *Place baby on his/her back in a crib with a firm, tight-fitting mattress.*
- *Remove pillows, duvet, comforter, sheepskin, stuffed toys from the crib while baby sleeps.*
- *Consider using a sleeper instead of a blanket.*
- *If you do use a blanket, place baby with feet to foot of the crib. Tuck a thin blanket around the crib mattress, covering baby only as high as his/her chest.*
- *Use only a fitted bottom sheet specifically made for crib use.*

Safety tips for baby cots:

There should be:

- *A firm, tight-fitting mattress so a baby cannot get trapped between the mattress and the crib.*
- *Ensure that Bumper Pads are secured tightly to the crib.*
- *Mattress height should be lowered when baby is able to sit.*
- *Cribs should be assembled correctly and according to guidelines. Missing, loose or broken hardware or broken slats can result in entrapment or suffocation deaths.*

